

The Connected Parent & ChildSM

Have you ever wondered what it might take to become a better parent? Not perfect, just better?

What if it were possible to gather scriptural principles for human relationships and make them work side-by-side with the best of social and biological science? The result would be the Connected Parent & Child.

In four interactive sessions, Trust Based Relational Intervention[®] (TBRI[®]) Practitioners use video and discussion to help every parent become more self-aware and better equipped. The information in these sessions doesn't make parenting easy, but it can make it wise and relationship-building.



Session One: Laying a Good Foundation

This session helps us understand how *any* of our kids might become “at risk.” We detail the six risk factors and describe how each affect our brain development. With the six risk factors, we will discuss the 6 stages of development and their associated behaviors.

Session Two: What Do I Bring to the Table?

It's important to understand where our kids come from, but we also need to talk about our past. How does our life experience and our upbringing—however terrific or traumatic—change the way we parent? This sessions presents the Attachment cycle and the attachment styles we develop as children and adults. With this information, we are equipped to better connect with children.



Session Three: The Whole Child

In these practical sessions, we begin to talk about the three basic foundations of TBRI and the strategies that are involved with them: Connecting, Empowering, and Correcting. In *connecting* we talk about mindfulness and engagement. In *empowering* we consider physiological and ecological strategies. With *correcting* we wrestle with proactive strategies and sharing power. We'll discuss needs vs. wants, engagement strategies, self-worth, and self-regulation.

Session Four: Connecting While Correcting

This final session considers how we might give our kids choices and compromises. We learn how to use “re-dos” in our homes and everyday situations. We discuss principles of the IDEAL response and measuring our correction to the level of challenge we face. These strategies help us not only teach our kids discipline and responsibility, but help us connect with them while we are correcting and addressing behaviors.



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- Where?** The Lakehoma Church of Christ, 2124 West State Highway 152, Mustang, OK 73064
- When?** Saturday, January 19, 2019 from 10:00 a.m. until 2:30 p.m. Lunch provided.
- How?** Call (405) 376-2883 to register; the class size is limited to the first 100 individuals. The cost is \$5 for individuals, \$10 for couples, or \$15 for couples needing childcare.

What is TBRI®?

Trust-Based Relational Intervention® (TBRI®), a holistic model developed by Dr. Karyn Purvis and Dr. David Cross of TCU, has achieved world-wide recognition as a leading evidence-based practice for working with children. Westview began working with TBRI early in its history; today we keep growing with the program. Westview currently has three TBRI practitioners on its team; all Westview team members (including office staff) are TBRI trained and caregivers receive ongoing training in TBRI.

Essentially TBRI empowers:

- better and trustful bonding between child and caregiver
- improved management of learning and behavioral issues
- loving discipline that avoids the child perceiving the adult to be threatening or unsafe.

For more information about TBRI and the Karyn Purvis Institute of Child Development, please go to: child.tcu.edu.

Who?



Josh Birney, CCT, RCYCP

Josh manages social services for Westview and is a TBRI practitioner. He works daily to help the Westview team implement TBRI methodology. Josh has a decade of experience with at-risk youth. He is a church deacon and active father of two.



Terry Owens, BS, MBA

Terry, Westview's campus manager, is a TBRI practitioner. Not only does he train Westview staff, he works with local educators to implement this methodology. Terry has over two decades of working with at-risk youth. He is also a proud parent and grandparent.



Chase Thompson, BS, MS, LPC

Chase is a TBRI practitioner and a therapeutic counselor; he counsels with the young men from Westview and their families. He is also a trained EAGALA therapist working through Westview Family Services. Chase is a parent of three young children.



Ron Bruner, BS, MA, DMin

Ron is Westview's executive director. He has published two books and numerous articles about the spiritual formation of children and youth. Ron has four decades of experience with children and youth and nearly twenty years at Westview. He is also a father and grandfather.

Westview Family Services is a service of Westview Boys' Home

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